



## Chocolately goodness bowl

Serves 1

### Ingredients

- 1 frozen banana
- 150ml almond milk
- 50ml coconut water
- 30gm vegan chocolate protein powder
- 1 tablespoon of chia seeds
- 1 teaspoon of LSA
- 30gm Bliss fit foods cacao crunch granola
- Cinnamon

### Recipe

1. Blend all ingredients except the cacao crunch granola and cinnamon
2. Once blended place into a bowl and top with the granola, cinnamon and any other toppings you desire.

